



Treatment Menu

Swedish Full Body Massage £90

A harmonizing and balancing body massage, incorporating deep tissue techniques. Soothes and calms the mind, body and spirit, easing away muscular tension and stress.

Aromatherapy Massage £100

Full body one hour massage using a range of pre-blended aromatherapy oils, choose from; Relax, Refresh & Detox.

Pregnancy Massage £90

A gentle and relaxing 45 minute massage which can help to alleviate lower back pain, swollen and sore joints and ankles and discomfort that may occur in pregnancy and the post-natal period.

Reflexology £90

Reflexology is a holistic treatment that works on the feet and hands to balance the whole body, providing deep relaxation, revitalized energy and relieves stress. The healing powers of the body are activated by stimulating the reflex points of the feet which correspond to specific areas of the body.

Luxury Facial £90

Facials nourish and cleanse the skin whilst promoting radiance and a healthy complexion.

Deluxe Manicure £50

This one hour manicure includes nail shape, cuticle tidy, exfoliate, mask, hand & arm massage.

Deluxe Pedicure £50

This one hour pedicure includes nail shape, cuticle tidy, exfoliation, foot and leg massage.