

## Cyrl Hart Arboretum

The Cyrl Hart Arboretum is home to over 200 tree species, some dating back to the early 1900s. The collection has been added to over the years and now contains species found around the world.

Please note: Dogs must be kept on leads at all times inside the arboretum.

### About the route

- This is a short, flat route which takes in half the arboretum
- There are several benches as marked on the map
- Paths can get muddy if it has rained

### Accessibility

- The path has some uneven terrain and is not wheelchair accessible
- Off-road mobility scooters can be hired from the Speech House Hotel

The artwork shown in boxes 1-7 was created by attendees of one of our recent walks. The artwork is by Rachael, Di, Deb, Chris and Adele.

### The art materials used include

- Paper/pad
- Wax crayon
- Ink
- Charcoal
- Camera

### What the numbers on the map refer to

1. Ground from above
2. Large log like a skull
3. Lichen
4. Tree stumps
5. Oak tree
6. Dead tree stump
7. Beech tree roots



## About Canopy Creative Network

Canopy Creative Network was formed in 2017 to bring artists, arts organisations and communities in the Forest of Dean together. We run festivals, walks, talks, workshops and a range of other events.

Find out more at [www.canopynetwork.co.uk](http://www.canopynetwork.co.uk)

### Canopy Creative Walks

Since 2020 we've run creative walks for small groups across the forest of Dean. Open to all, the routes are short with a range of creative activities along the way guided by a local artist. A notebook and art materials are provided and we only ask for donations to cover the costs. You can see some of the work produced on our creative walks in the boxes alongside this map.

### Why walking in nature is so important

- Reduces stress
- Improves your mood, sleep and concentration
- Boosts your immune system
- Provides vitamin D
- Socialise and meet new people

### How to enjoy this walk safely

- Please wear sturdy footwear and clothing appropriate for the weather
- This is a working forest, so adhere to any safety information displayed
- Please don't feed or approach wild animals
- Please only park in designated bays and not on verges



"Nurturing connection, creative thinking and mental wellbeing through a combination of time outdoors, gentle exercise and social interaction."

"Thank you for a lovely walk and getting me out in nature."

"Helped reignite my love for art."

# Cyrl Hart Arboretum Creative Walk Map

## Cyrl Hart Arboretum Creative Walk Map



Free parking - Car park address:

Cyrl Hart Arboretum - Forestry England, Speech House Rd, Coleford, Gloucestershire GL16 7EL

What 3 Words - cascaded, mixer, socket

Length of walk - 0.68 miles / 1.09 km

Produced by Canopy Creative Network  
[www.canopynetwork.co.uk](http://www.canopynetwork.co.uk) printed on recycled paper

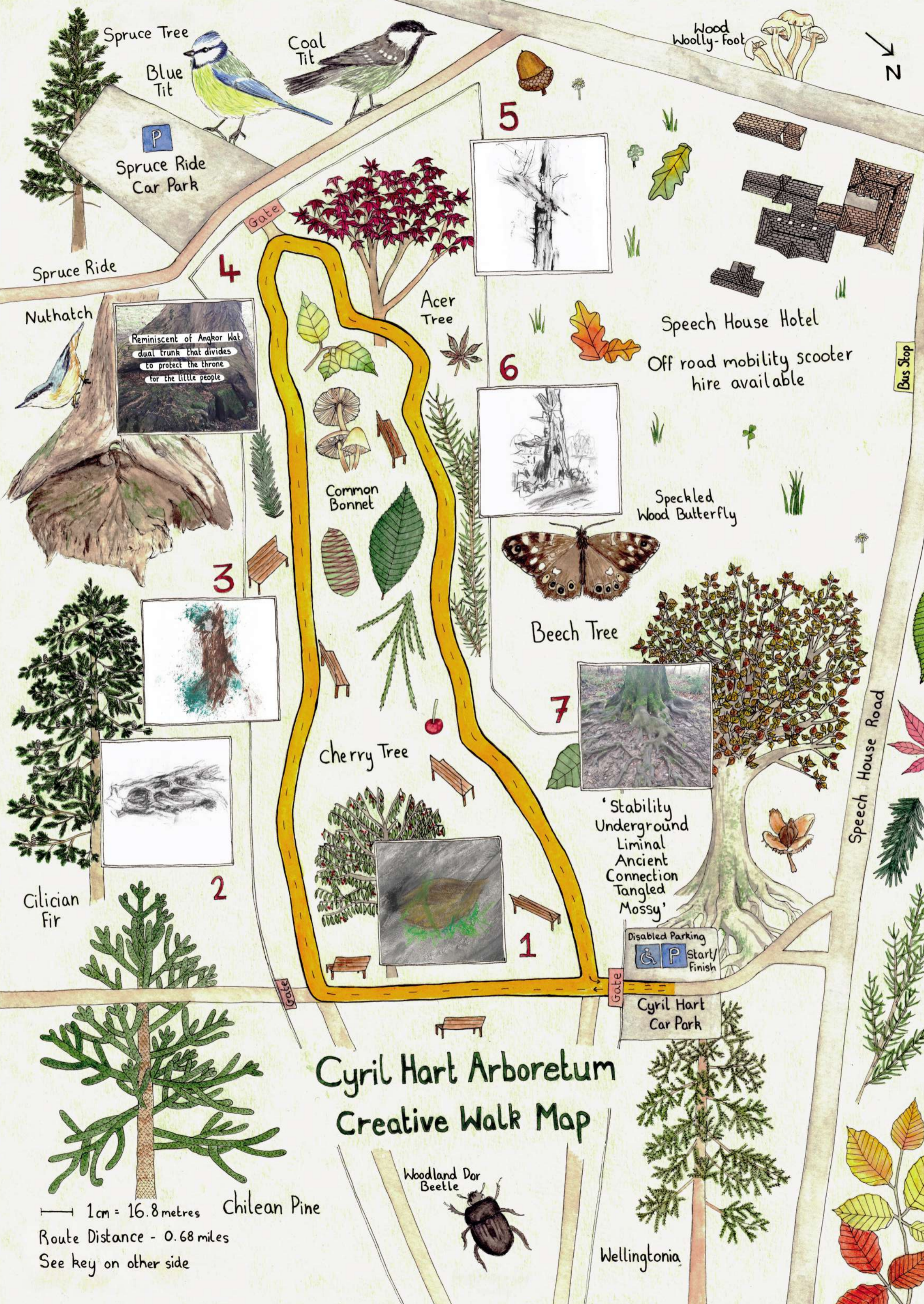
We hope this map inspires you to enjoy a short walk in the Forest of Dean.

Maps illustrated by Becky Embling

All of our creative walk maps are available to download on our website







Spruce Tree

Blue Tit

Coal Tit

Wood Woolly-foot

Spruce Ride Car Park

Spruce Ride

Nuthatch

Reminiscent of Angkor Wat dual trunk that divides to protect the throne for the little people

Acer Tree

Speech House Hotel

Off road mobility scooter hire available

Bus Stop

Common Bonnet

Speckled Wood Butterfly

Beech Tree

Cherry Tree

'Stability Underground Liminal Ancient Connection Tangled Mossy'

Cilician Fir

Disabled Parking Start/Finish

Cyril Hart Car Park

# Cyril Hart Arboretum Creative Walk Map

Woodland Dor Beetle

Wellingtonia

1cm = 16.8 metres Chilean Pine

Route Distance - 0.68 miles

See key on other side